

# The Pittock Day Treatment Program at Wellkin Has Made Some Changes

**So what's new? Here is a brief overview for you.**

## Program Description

The Pittock Day Treatment Program is designed to provide a treatment alternative for children with long-standing behavioural and emotional difficulties who struggle to function successfully in a regular classroom setting or other alternative programs. At Pittock Day Treatment, we integrate academics and social skill development through various treatment options.

Our shift to a non-integrative and treatment first model allows for full-time attendance from the time of enrolment and early onset support with relevant Wellkin programs.

## Why is this important? Here are the benefits:

- Full time and immediate move away from home school provides greater opportunity for intensive services to be prioritized
- Intakes and Discharges will occur at two possible checkpoints allowing for strategic and effective, individualized planning
- Increased opportunities for therapeutic interventions and engagements in the classroom while learning essential Emotional Regulation skills.
- Trauma-informed lens supports students and families in having adequate time away from home school and more time in a safe, structured environment conducive to treatment
- Social Skills building opportunities and lesson time can be increased and consistent throughout the days and weeks
- More opportunity for clinical therapy work to occur earlier in admission, in the moment at the school, and outside of the classroom as scheduled

## What can the receiving school expect from Wellkin staff?

- A more needs-based Intake Process
- ChYMH Assessment Interview completed to assist in determining treatment goals, and duration in advanced. Client and family can begin treatment with the foreknowledge of the duration plan.
- Regular communication through Progress Reports, updates, and meeting opportunities will occur throughout treatment to ensure full communication by all stakeholders in the child's treatment
- A collaborative and comprehensive Discharge Report that includes client goals, strategies and school recommendations will be made available to the home school with an opportunity to discuss these plans and request consultation as needed

**Parents/caregivers receive a full manual to support them in understanding the roles of the Pittock Day Treatment Workers as well as their roles in the treatment program.**

**To meet the team, and view all other referral and program details, go to our website at [www.wellkin.ca](http://www.wellkin.ca)**

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