



We're Listening. We Care. Call Us 24/7.

1.877.539.0463

Resources for Families During Covid-19

Understanding Covid-19 :

Responding effectively to Covid-19

<https://e-tmf.org/app/uploads/2020/03/FACE-COVID-How-to-respond-effectively-to-the-Corona-crisis-by-Russ-Harris.pdf>

Great Video for kids about COVID-19

<https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/>

Covid 19 Resources for Parents

<https://childmind.org/coping-during-covid-19-resources-for-parents/>

Talking to children about COVID-19 (novel coronavirus)

<https://education.govt.nz/school/health-safety-and-wellbeing/pastoral-care-and-wellbeing/talking-to-children-about-covid-19-coronavirus/>

Parenting and Coronavirus Webinar March 15, 2020

<https://vimeo.com/397865257/description?fbclid=IwAR1wSfZcZq-8lZ6YyG6gbmVVVLLnNxyvFEhdOSTxeOaEyq7DKID0NhGmuJI>

Resources for Parents and Caregivers

Coronavirus Resources for Kids, Parents and Educators

<https://www.wholechildcounseling.com/post/coronavirus-resources-for-kids-parents-counselors-and-educators?fbclid=IwAR1o5lSkuf-xR66YIm3aTCUbPozzKtVFTtsEyzw5mqxJn4RAZwS54ZSJpZM>

What to do if you're anxious or worried about coronavirus (COVID-19)

https://www.anxietycanada.com/articles/what-to-do-if-you-are-anxious-or-worried-about-coronavirus-covid-19/?fbclid=IwAR2Bf1WwTcdyCx_apRtHtDO0_Yblpvacsps32AiEomPjN3xKifGm7Ds17OQ



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Resources for Kids Activities and Learning

Use Your Time in Isolation to Learn Everything You've Always Wanted To

Free Online Courses, Audio Books, eBooks, Movies, Coloring Books & More
<http://www.openculture.com/2020/03/use-your-time-in-isolation-to-learn-everything-youve-always-wanted-to.html>

Education Companies Offering Free Access

<https://kidsactivitiesblog.com/135609/list-of-education-companies-offering-free-subscriptions/?fbclid=IwAR3UVPlwxfWlrW2KvXLoY7CdeA6dyoNZ0IVVjGbdWqhZvpRXNmIPUkUYCo>

20 Screen-Free Things To Do With Your Kids Indoors When School Is Closed

https://savedyouaspot.com/2020/03/12/20-screen-free-things-to-do-with-your-kids-indoors-when-school-is-closed/?fbclid=IwAR0hQEe0K5x2oiMeUVBE9GciyoFZClzYGtStnqMG1itsPaFn9r_YErb5Vuc

School's Out, Kids Podcasts Are In (Plus Many More Educate-at-Home Resources)

<https://medium.com/kidslisten/schools-out-kids-podcasts-are-in-82634e23d4c4>
Online UNO you can play with kids
<https://play.unofreak.com/create>

Lunch Doodles with Mo Willems

<https://www.youtube.com/watch?v=MjaYnyCJDdU&feature=share&fbclid=IwAR3SEoRayiKcrT6q7FDD6MqQ6UZ5HJheYN0pB5jSyOxUefpUre2tSu0z5WM>

Classical Music concerts

https://www.classicfm.com/music-news/no-audiences-concerts-streamed-to-world/?fbclid=IwAR3jUqrRU0y6P0ibF5XxHm8_e0asRRONcfZJA4wuHDfQdykPc2w1FmfcRJA



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Metropolitan Opera - free concerts

https://www.playbill.com/article/metropolitan-opera-after-shutting-its-doors-will-offer-free-streams-from-live-in-hd-catalog?fbclid=IwAR3_6tLjSKeDcuXmo35R0Yf5kpLf89VwkuqtkGeISSNagFcILTlKo8-MHy0

High quality books online

https://www.getepic.com/promo?utm_channel=search&gclid=Cj0KCQjwpLfzBR CRARIsAHuj6qUY8WHP_NsNoQKv-GeV2zr4d72ahj50OIBtLu3YhdvMX2MPUpoWyYUaAgOhEALw_wcB&fbclid=IwAR2YI9S0mY7IPj5PC2niM_7p0YPZmc8zyPeqwy5eJ_TS9NdWgpXDjeLrDjU

Online literacy resources

https://growingbookbybook.com/online-literacy-resources/?fbclid=IwAR3Us7EKT4QT6PEYIBaR0Oe33gGIm7NI0jcooZh3BilcFi7cGv_FEjJPFsw